

Anti-Doping Policy

Preamble

The Ontario Bobsleigh Skeleton Association has adopted the Canadian Anti-Doping Program (CADP).

By adopting the CADP, the Ontario Bobsleigh Skeleton Association has joined a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field. The Ontario Bobsleigh Skeleton Association's anti-doping policy reflects and supports the CADP.

Policy

The Ontario Bobsleigh Skeleton Association has adopted the Canadian Anti-Doping Program (CADP). As part of Ontario Bobsleigh Skeleton Association, all members of OBSA are subject to Canada's anti-doping rules, which are administered by the Canadian Centre for Ethics in Sport (CCES). The CADP consists of several components such as in- and out-of-competition testing, education, medical exemptions, and the consequences of doping violations, and is compliant with the World Anti-Doping Code and all international standards.

Canadian Anti-Doping Program

The CCES recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:

1. Check the Global DRO (www.globaldro.com) to determine if any prescription or over-the-counter medications or treatments are banned by the WADA Prohibited List.
2. Review Medical Exemptions requirements [click here](#) if you require the use of a banned medication for a legitimate medical reason.
3. Do not use supplements, or take precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Read more:www.cces.ca/supplements

Review the steps of the doping control sample collection procedures as outlined in the [Canadian Anti-Doping Program](#). For additional resources and more about anti-doping, please contact the CCES

- Email: info@cces.ca
- Call toll-free: 1-800-672-7775
- Online: www.cces.ca/athletezone